

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: CATHOLIC CHARITIES, DIOCESE OF ST. CLOUD

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Goal: To provide Pregnancy Counseling and other positive alternatives to abortion to pregnant women and parenting women

For the period: April 2016 – June 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to Pregnancy Counselor; attend required meetings; prepare reports and evaluation materials for grant; overall communication regarding all grant requirements and functions; client intake and statistical information		During this quarter time spent on case management of LSW counselor, meeting with clients from time to time, case review, reporting requirements, annual meeting, and evaluation follow up and grant follow up. Due to reduction in staff time the manager in this program has also taken on periodic client appointment for Pregnancy counseling.	
Outreach	Provide outreach information to organizations in Central and Northern MN; advertise pregnancy counseling services in the surrounding area		Outreach has been done more on Facebook this past quarter. We have found that continue connection with Facebook as increased our adoption page as well	
Adoption Education	Licensed Social Workers (LSW) explore adoption with birthparents: provide education and information; provide counseling support services pre- and post-birth	4	During this quarter 4 of the women seen were interested in looking at adoption as an option. Most of them are very early in their pregnancy and were not sure if they would choose adoption as their option. Each individual was given the information about adoption with all the necessary services during their visit.	4

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Case Management Services	LSW provide one-to-one pregnancy counseling services with follow-up	49	We had a several clients from past quarters who continue to come in and see us. However most of the women we saw this quarter came at the end of quarter and were only seen once at this time. We still have exceeded the number of visit per quarter for our grant.	64
Interpreter	Provide interpreter services as needed	1 per year	This quarter we used interpreter services three times for one client. This particular client was an immigrant from Somali who was looking at all of here options. She was new to our community so counselor assisted her with accessing prenatal care, food, and other personal items for her and her three young children as well as legal services that were needed.	3
Parenting Education	LSW provide parenting information to new mothers	2	Several of the women this quarter were much more interested in parenting and resources we had for them. We proceed with those clients with information about parenting, necessary services and several other resources as they plan for the parenting.	4
Pregnancy Education	LSW provide pregnancy education services; support clients by providing resources	4	All women were provided with educational and supportive services in connection to their pregnancy and planning for parenting or adoption.	8
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	4	Necessary Services were provided to all of the clients this quarter as both were still in their decision making time.	8
Transportation	Provide transportation assistance to enable clients to attend doctor or counseling appointments	2.5	Cards were given to women who were coming in from a small town out of St Cloud for counseling and doctor's appointments.	3

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	1

Challenges: Continue to be working with one staff member and manager who is assisting in providing direct services.

Comments: This quarter we worked with an immigrant women on option of adoption. Being that she was new to our country and community it made it very difficult for her in accessing/understanding pre-natal care through medical systems. Counselor (with an interpreter) assisted her in accessing appropriate care for her and the baby as well as helped her in accessing legal, medical, food, clothing, and other supportive services for her and her family. She has chosen to parent her child due to very difficult legal concerns that would have had to be done to follow up through adoption as well as and culturally. We will continue to assist her in accessing medical cares during her pregnancy and after if needed.